

Medical Services Review Board Meeting minutes for Aug. 11, 2016

Members present

Jeffrey Bonsell, D.C., chairman
Ernest Lampe, M.D.
Beth Baker (by phone)
Russell Gelfman, M.D.
Brennan McAlpin
Matthew Monsein, M.D.
Dan Wolfe, P.T., G.D.M.T.
Hans Thurmer, D.C.
Kristy Hagen, R.N.

Alternates present

Elizabeth Alm, M.D.
Natalie Haefner
Robert Long, M.D.
Kimberly Olson, R.N.
Sadie Altringer, D.C.

Visitors present

Ceil Jung, SFM
Susan Giguere, MAPS
Jo Ann White, CorVel

Absent:

Michael Goertz, M.D., vice chairman
Matthew Abdel, M.D.
Laura Breeher, M.D.
Lisa Hanselman, OTR/L
Robert Pandiscio, R.N.
Robin Peterson, P.T.
Reed Pollack
Jody Ruppert, OTR/L
Margaret Spartz, M.D.
Hans Thurmer

Staff members present

Ann Tart
Chris Leifeld
Kate Berger
Lisa Wichterman
Jon Brothen
Anita Hess
Jessica Stimac
Karen Kask-Meinke

Call to order

The meeting of the Medical Services Review Board (MSRB) was called to order at 4:05 p.m. by Jeffrey Bonsell. Introductions were made. A quorum was met.

Approval of the minutes

A motion to approve the Jan. 21, 2016, minutes was made by Robert Long and seconded by Natalie Haefner. The board voted in favor and the motion carried.

Approval of agenda

There were no additions or corrections to the agenda. Bonsell moved to have Dr. Jeff Schiff's presentation moved to the beginning of the meeting.

A motion to approve the Aug. 11, 2016, agenda was made by Brennan McAlpin and seconded by Long. The board voted in favor and the motion carried.

Business

Opioid Prescribing Work Group

Dr. Jeff Schiff, medical director, DHS

Schiff and Sarah Rinn, from the Department of Human Services (DHS), gave a presentation about the work of the Opioid Prescribing Work Group. Recommendations about acute prescribing and post-acute prescribing were presented and discussed. These are recommendations and not rules. The board discussed possible treatment for chronic patients with a holistic treatment program that includes mental health treatment and pain education.

Announcements and update

Assistant Commissioner Chris Leifeld

Assistant Commissioner Chris Leifeld provided a legislative update about the workers' compensation bill that was passed by the Legislature and signed into law by the governor.

Overview of injection rules

Dr. Ernest Lampe

Lampe reviewed the current Minnesota treatment parameter rules for injections, specifically epidural steroid injections. The treatment parameters are similar to what other national and state guidelines recommend. Questions arose regarding the recommended frequency of the injections.

Agenda for next meeting

Dr. Bonsell and board

- Treatment parameters – injections: The board is to review the treatment parameters for injections to provide comments and discussion.

New business

Dr. Bonsell

- None

Adjournment

Dan Wolfe moved to adjourn the meeting and it was seconded by Kim Olson. All voted in favor and the motion carried. The meeting adjourned at 6 p.m.

The next meeting is Oct. 13, 2016.