

Implications for Minnesota Rules, part 5221.6700

Based on the updated 2025 APA guideline, potential amendments to the PTSD treatment parameters include:

Rule part	Potential amendment
Subpart 5(A)	Remove BEP as an indicated treatment of PTSD (potentially). Add WET as an indicated treatment of PTSD (potentially).
Subpart 5(B)	Increase frequency of psychotherapy treatment (potentially).
Subpart 6(A)	Increase duration for a period of psychotherapy treatment (potentially). <i>*Period of psychotherapy treatment is also referenced in subpart 7(A).</i>
Subpart 9(E)	Add alprazolam as a medication that is not indicated for treatment of PTSD. Add topiramate as a medication that is not indicated for treatment of PTSD.
Subpart 3(A) Subpart 12(A)	Update to incorporate the most recent DSM-5 edition (DSM-5-TR) by reference.
Subpart 12(B)	Update to incorporate the 2025 APA guideline by reference.